



*Tiger
Aquatics*



2022 ROCKETCHIX SWIM CLINIC

- **TIGER AQUATICS IS OFFERING A SWIM CLINIC FOR ROCKETCHIX PARTICIPANTS**
- **THE CLINIC WILL BE HELD JUNE 11TH 11:00AM – 1:00PM @ THE LSU NATATORIUM (ON THE CORNER OF NICHOLSON & WEST CHIMES)**
- **BUILDING ENTRANCE – FRONT DOORS OFF FACING NICHOLSON**
- **ALL ATHLETES MUST BE ABLE TO SWIM 25 YARDS UNASSISTED**
- **COST FOR CLINIC IS \$50**
- **BRING FORM AND PAYMENT TO THE CLINIC**

CLINIC FORMAT:

- **10:45 - 11:00AM – CHECK-IN**
- **11:00 - 11:45AM – FREESTYLE DRILLS**
- **11:45 - 12:00AM – WATER & SNACK BREAK**
- **12:00 – 12:20PM – SWIM SET TUTORIAL**
- **12:20 – 12:40PM – SWIM SET**
- **12:40 – 12:45PM - BREAK**
- **12:45 – 1:00PM – TIMED SWIM**
- **1:00PM - DEPARTURE**

**CLINICS WILL BE TAUGHT BY OUR HIGHLY TALENTED TIGER AQUATICS COACHING STAFF.
PLEASE VISIT OUR WEBSITE www.swimtaq.com TO VIEW THE COACHES BIOS.**



**Tiger
Aquatics**



ATHLETE INFORMATION

PARTICIPANTS NAME: _____

HOME ADDRESS: _____

CITY: _____ **ZIP:** _____

CELL #: _____

PRIMARY EMAIL ADDRESS: _____

PAYMENT

3 OPTIONS (PLEASE CHECK OFF WHICH FORM OF PAYMENT YOU CHOOSE)

- **CASH**
- **CHECK – MAKE PAYABLE TO CASH**
- **VENMO @ JEANNINE-MALBROUGH**

TIGER AQUATICS LIABILITY STATEMENT

I hereby certify that the above person(s) is/are physically qualified to attend stroke clinic and release LSU and Tiger Olympic Swim, LLC, its owners, employees, members and BTAC booster organization members from liability resulting from the inherent risks of swimming activities.

_____ **(please sign)**